

	0 - 3 Months	4 - 6 Months	7 - 9 Months	10 - 12 Months	13 - 15 Months	16 - 18 Months	19 - 24 Months	2 - 3 Years	3 - 4 Years
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<b>Gross Motor</b>	<ul style="list-style-type: none"> <li>Lifts head when laying on stomach</li> </ul>	<ul style="list-style-type: none"> <li>Sits with Support</li> <li>Holds head up when pulled to sit</li> <li>Rolls over at least in one direction</li> <li>Enjoys movement</li> </ul>	<ul style="list-style-type: none"> <li>Sits without support</li> <li>"Commando" crawls or crawls on all fours</li> <li>Holds own bottle</li> </ul>	<ul style="list-style-type: none"> <li>Moves mostly by crawling</li> <li>Pulls to stand</li> <li>"Cruises" along furniture</li> <li>Walks holding adult's hands</li> <li>Stands alone briefly</li> </ul>	<ul style="list-style-type: none"> <li>Walks alone</li> <li>Runs awkwardly</li> <li>While standing, can pick up toy off the floor without falling</li> </ul>	<ul style="list-style-type: none"> <li>Walks steadily, without falling</li> <li>Runs</li> <li>Throws a ball</li> <li>Sits alone in small chair</li> <li>Crawls up and down stairs</li> </ul>	<ul style="list-style-type: none"> <li>Kicks a ball</li> <li>Climbs stairs holding rail</li> <li>Runs well, without falling</li> </ul>	<ul style="list-style-type: none"> <li>Jumps from bottom steps</li> <li>Attempts to ride a tricycle</li> </ul>	<ul style="list-style-type: none"> <li>Alternates feet on stairs</li> <li>Jumps forward with two feet</li> <li>Throws ball overhead</li> </ul>
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<b>Fine Motor</b>	<ul style="list-style-type: none"> <li>Eyes follow moving objects and people</li> </ul>	<ul style="list-style-type: none"> <li>Grasps and releases rattle</li> <li>Brings hands together at middle of body</li> <li>Brings hands to mouth</li> <li>Mouths hands and toys</li> <li>Uses both hands equally</li> </ul>	<ul style="list-style-type: none"> <li>Transfers objects from hand to hand</li> <li>Starts to use "sippy" cup</li> <li>Feeds self with fingers</li> </ul>	<ul style="list-style-type: none"> <li>Picks up small, Cheerio sized objects with thumb and index finger</li> <li>Uses a cup without help</li> <li>Begins to use spoon</li> <li>Stacks two blocks</li> </ul>	<ul style="list-style-type: none"> <li>Imitates waving</li> <li>Claps</li> <li>Can hold two blocks in one hand.</li> </ul>	<ul style="list-style-type: none"> <li>Scribbles with marker or crayon</li> <li>Stacks 3 or more blocks</li> <li>Turns pages in a book</li> <li>Can put two shapes in shape sorter</li> </ul>	<ul style="list-style-type: none"> <li>Holds crayons with three or four fingers</li> <li>Puts large beads on string</li> </ul>	<ul style="list-style-type: none"> <li>Holds crayon with three fingers</li> <li>Copies circle and lines</li> <li>Tries to cut with scissors</li> <li>Undresses self completely</li> <li>Puts on shoes but may be on wrong feet</li> <li>Washes and dries hands</li> </ul>	<ul style="list-style-type: none"> <li>Likes to build with blocks, legos</li> <li>Uses playdough and likes to paint</li> <li>Copies a cross (+)</li> <li>Tries to cut on a line</li> <li>Dresses self and puts shoes on correct feet most of the time</li> </ul>
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**Speech Language & Hearing**

	<ul style="list-style-type: none"> <li>Smiles</li> <li>"Coo"s</li> </ul>	<ul style="list-style-type: none"> <li>Laughs</li> <li>Uses vowel sounds</li> <li>Responds to sounds and speech</li> </ul>	<ul style="list-style-type: none"> <li>Babbles using syllable sounds: "mamama, dadada, bababa"</li> </ul>	<ul style="list-style-type: none"> <li>Uses variety of sounds when babbling</li> <li>Says "Mama and / or Dada", but may use them incorrectly</li> <li>Recognizes own name and names of familiar objects</li> <li>Responds to simple requests: "Come, Give"</li> </ul>	<ul style="list-style-type: none"> <li>Understands simple commands: "Sit down, Go get"</li> <li>Understands "No"</li> <li>Makes animal sounds</li> <li>Uses baby sounds with intonation</li> </ul>	<ul style="list-style-type: none"> <li>Uses between 3 and 20 words</li> <li>Shows wants with words: "more, up", etc.</li> <li>Uses pointing and gestures</li> <li>Points to 1 to 5 body parts</li> <li>Speech can be hard to understand</li> </ul>	<ul style="list-style-type: none"> <li>Uses at least 50 words</li> <li>Puts 2 words together</li> <li>Answers "What's that?" questions</li> <li>Speech is 25-50% understandable</li> </ul>	<ul style="list-style-type: none"> <li>Uses 50-300 words</li> <li>Uses 2-3 words in a sentence</li> <li>Refers to self by name</li> <li>Uses two word negative phrases such as "not go"</li> <li>Can tell a story or relay an idea</li> <li>Asks "what" questions</li> <li>Names two colors</li> </ul>	<ul style="list-style-type: none"> <li>Knows last name, sex, street name or town</li> <li>Uses 4-6 words in a sentence</li> <li>Hears when you call from another room</li> <li>Asks "who", "where", and "why" questions</li> <li>Identifies X's, triangles, circles and squares</li> <li>Points to red, yellow, blue and green</li> </ul>
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<b>Safety</b>	<ul style="list-style-type: none"> <li>"Back to Sleep" or side sleeping</li> </ul>	<ul style="list-style-type: none"> <li>Child proof cabinets and remove objects from the floor</li> <li>Buy easily cleaned and shatterproof toys</li> <li>Buy toys without loose parts and no strings</li> <li>Buy toys that are too big to swallow</li> </ul>	<ul style="list-style-type: none"> <li>Buy easily cleaned and shatterproof toys</li> <li>Buy toys without loose parts and no strings</li> <li>Buy toys that are too big to swallow</li> <li>Remove mobiles or crib gyms</li> </ul>	<ul style="list-style-type: none"> <li>Block access to stairs</li> <li>No moveable walkers</li> <li>No electric or battery operated toys</li> <li>Remove from crib all toys big enough for baby to stand on and reach the top rail</li> <li>Keep child away from open windows</li> </ul>	<ul style="list-style-type: none"> <li>Block access to stairs</li> <li>No moveable walkers</li> <li>No electric or battery operated toys</li> </ul>	<ul style="list-style-type: none"> <li>Supervise child on stairs</li> <li>Use soft balls for play</li> <li>Buy nontoxic and washable crayons</li> <li>Remove objects child can climb on if they are near stairs or windows</li> </ul>	<ul style="list-style-type: none"> <li>Childproof doorknobs</li> <li>Supervise child at the playground</li> </ul>	<ul style="list-style-type: none"> <li>Teach child to use rail or hold adult's hand on stairs</li> <li>Teach child not to talk to strangers</li> </ul>	<ul style="list-style-type: none"> <li>Use child safe scissors and nontoxic glue</li> <li>Supervise child during play outside</li> </ul>
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**Talk to your Child's Doctor if...**

	<ul style="list-style-type: none"> <li>Doesn't respond to loud noises</li> </ul>	<ul style="list-style-type: none"> <li>Can't hold head up</li> <li>Makes no sound</li> <li>Has no interest in people</li> <li>Doesn't respond to sound</li> </ul>	<ul style="list-style-type: none"> <li>Seems weaker on one side</li> <li>Is constantly fussy and inconsolable</li> <li>Doesn't babble</li> <li>Doesn't roll or sit up</li> </ul>	<ul style="list-style-type: none"> <li>Doesn't respond to own name</li> <li>Doesn't use a variety of sounds in babbling</li> <li>Doesn't crawl in any manner</li> <li>Has had several ear infections</li> </ul>	<ul style="list-style-type: none"> <li>Doesn't understand simple requests or commands: "Come, Give"</li> <li>Doesn't pull to stand</li> <li>Doesn't walk holding adult's hands</li> <li>Can't pick up small (Cheerio sized) objects</li> </ul>	<ul style="list-style-type: none"> <li>Doesn't walk or walks but falls a lot</li> <li>Has no words</li> <li>Doesn't use toys / objects appropriately</li> </ul>	<ul style="list-style-type: none"> <li>Has no interest in other children</li> <li>Doesn't use words, gestures or pointing</li> <li>Doesn't feed self with fingers, or attempt to use spoon</li> <li>Unable to use "sippy" cup</li> </ul>	<ul style="list-style-type: none"> <li>Uses less than 25 words</li> <li>Has extremely high or low activity level</li> <li>Is constantly moving</li> <li>Can't throw a ball</li> <li>Falls a lot</li> <li>Shows no interest in pictures, books, stories</li> </ul>	<ul style="list-style-type: none"> <li>Speech is difficult to understand</li> <li>Can't separate fantasy (such as TV) from real life</li> <li>Doesn't use two words together</li> <li>Can't do stairs without help</li> <li>Is fearful of movement</li> </ul>
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