

# MANAGING MULTIPLE SCLEROSIS THROUGH REHABILITATION



## TREATMENT AND RECOVERY

The Multiple Sclerosis Rehabilitation Program at Braintree and New England Rehabilitation Hospitals is a dedicated program for the treatment and management of patients with Multiple Sclerosis (MS). Patients appropriate for inpatient treatment have usually experienced significant functional decline and may be admitted to this program following:

- An acute multiple sclerosis exacerbation-including a course of steroids if prescribed.

- Treatment for an unrelated medical/surgical problem.
- Functional decline despite intensive home or outpatient services.
- After intrathecal baclofen pump placement to maximize function.\*

Rehabilitation provides some of the tools patients need to take control of their MS rather than having MS take control of them.

Restorative Rehabilitation aims to restore lost function. This usually involves strengthening and retraining

muscles as well as adapting to decreased function with new techniques. Restorative rehabilitation is especially useful immediately after recovery from an exacerbation or acute attack of MS symptoms. Our program offers a seamless transition from acute hospitalization through inpatient and outpatient rehabilitation to home.

Everyone with MS, whether their symptoms are mild or severe, can benefit from rehabilitation! Recently published scientific studies have demonstrated sustained functional benefit for persons with MS who participated in supervised rehabilitation programs.

*\*Braintree Rehabilitation Hospital only*

## BRAINTREE

REHABILITATION HOSPITAL

A FIVE★ QUALITY CARE HOSPITAL

250 Pond Street • Braintree, MA 02184

**781-348-2500**

[www.braintreerehabhospital.com](http://www.braintreerehabhospital.com)

## NEW ENGLAND

REHABILITATION HOSPITAL

A FIVE★ QUALITY CARE HOSPITAL

2 Rehabilitation Way • Woburn, MA 01801

**781-935-5050**

[www.newenglandrehab.com](http://www.newenglandrehab.com)

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## THERAPEUTIC OBJECTIVES

- Daily medical management with board certified neurologist and physiatrist oversight, including communication with your personal community physicians.
- Improvement of function – maximizing ability at work, at home, and in the community.
- Address problems with walking, dressing and personal care, using mobility aids, and performing tasks at work.
- Address speech and memory problems, sexual difficulties, bladder and bowel needs, and overall fitness.



## SPECIAL FEATURES

- Body Weight Supported Training with Robotics -AutoAmbulator™
- Functional Electrical Stimulation – Bioness® L300™
- Orthotic Clinic
- Upper Extremity Robotics\*
- Wheelchair Positioning Clinic
- On-site Videofluoroscopy
- Dysphagia Evaluation and Management Program
- Aquatic Therapy
- Family/Patient Education
- Tone Management\*
  - Baclofen Pump Trials & Management
  - Neuromuscular Blocks
  - Splinting & Casting
- Vocational Rehabilitation Consultation

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