

Meet Our Medical Director



Physiatrist Heidi Wennemer, DO

Board Certified in Physical Medicine & Rehabilitation and Spinal Cord Injury

Dr. Heidi K. Wennemer, DO, MA, FAAPMR, a board-certified physiatrist and osteopath, is the medical director of the Spinal Cord Injury program at Braintree Rehabilitation Hospital.

Dr. Wennemer received her Doctor of Osteopathic Medicine Degree from the University of New England College of Osteopathic Medicine in 2000. Prior to Medical School, she earned a Master's Degree in Medical Science from Boston University Medical School. She completed her internship at Saint Vincent Hospital in Worcester, and Physical Medicine and Rehabilitation residency at Tufts Medical Center.

An Assistant Professor at Tufts Medical Center, Dr. Wennemer has published and presented at national conferences on various topics related to Physical Medicine and Rehabilitation, and Spinal Cord Injury Medicine. She has an interest in non-narcotic pain management, Cranial Osteopathy, and wound care.

Let us help you get back to your best.

Depending upon your needs, in addition to a Board Certified Physiatrist, your treatment team may also include:

- Physical Therapist
- Assistive Technology Practitioner
- Case Manager
- Occupational Therapist
- Orthopedic Surgeon
- Orthotist
- Speech Language Pathologist
- Urologist

Helping You Get Back to Your Best



Parking is free. To make an appointment, call 781-348-4011.

Outpatient Spinal Cord Injury and Disease Clinic



BRAINTREE
REHABILITATION HOSPITAL

FIVESTAR★QUALITY CARE

250 Pond Street • Braintree, MA 02184

781-348-4011

www.braintreerehabhospital.com

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Evaluation and Treatment

- Lack of muscle coordination with voluntary movements (ataxia)
- Stiff muscles and exaggerated reflexes (spasticity)
- Asymmetrical walking, with one foot or leg dragging
- Variations in muscle tone
- Difficulty swallowing
- Neurogenic bowel and bladder
- Difficulty with precise motion, such as writing or buttoning a shirt
- Prevention of secondary complications, such as pneumonia
- Patient and family education
- Pain management, including trigger point injections
- Case management services
- Respiratory assessment
- Orthopedic complications
- Nutritional needs
- Sexual function
- Psychosocial
- Gross mobility
 - Bed mobility
 - Transfers
 - Wheelchair mobility
 - Ambulation
- Skin integrity



Comprehensive Care

Potential outcomes from your visit to the SCI clinic may include a follow-up in one or more of these services:

- Tone Management Clinic
- Seating and Positioning Clinic
- Customized Bracing or Splinting
- Balance and Vestibular Clinic
- Bladder Dysfunction Clinic
- Case Management Services
- Therapy Services

Helping Spinal Cord Patients Continue Their Recovery

Braintree Rehabilitation Hospital's team is a group of dedicated professionals with expertise in treating patients with spinal cord injury and disease. Through a coordinated effort and close communication with our patients and their caregivers, we help maximize abilities and independence, while simplifying patient care.

Join us for our Spinal Cord Injury Support Group for individuals with Spinal Cord Injuries and their caregivers.

4th Wednesday of each month from 6pm-7pm.

