

STROKE REHABILITATION

TREATMENT AND RECOVERY

After a stroke, intensive physical rehabilitation is your best chance for maximum recovery. Due to the effects of a stroke you may need to change, re-learn or re-define how you live. Stroke rehabilitation is designed to help you adjust to these mental and physical challenges and return to independent living.

Braintree and New England Rehabilitation Hospitals offer a seamless transition from acute hospitalization through inpatient and outpatient rehabilitation to home. Our interdisciplinary team of physical therapists, occupational therapists, speech language pathologists and neuropsychologists is led by a board certified neurologist* or physiatrist# to facilitate optimal recovery following a stroke.

*At Braintree Rehabilitation Hospital

#At New England Rehabilitation Hospital

“In comparisons of stroke patients in the United States who received care in rehabilitation hospitals or in nursing homes, those who received care in rehabilitation hospitals were more likely to return to the community.”

Duncan PW, et al. “Adherence to Postacute Rehabilitation Guidelines is associated with Functional Recovery in Stroke.” Stroke 33 (2002): 167-178.



THERAPEUTIC OBJECTIVES

- Facilitate medical progress 24 hours a day
- Improve balance, coordination and mobility
- Improve expression and understanding of spoken, written, and nonverbal communication
- Improve range of motion, strength and endurance
- Reorganize cognitive skills and learn to compensate for deficits
- Assist with emotional adjustment to the trauma of disability

SPECIAL FEATURES

- Dysphagia treatment includes radiographic studies to determine the extent of swallowing disorders, as well as a swallowing retraining program
- Orthotic Assessment and onsite fabrication
- Constraint-Induced Movement Therapy (CIMT)
- Bowel and Bladder Management Program
- Upper Extremity Robotics*
- AutoAmbulator™ – body weight-supported treadmill training with robotics
- Wheelchair/Positioning Clinic
- Tone/Spasticity Management
- Patient/Family Education
- Young Stroke Program
- Slow to Recover Program
- Home Assessments to assist with discharge planning
- Aphasia and Stroke Support Group
- Peer Visitor Program
- Functional Electrical Stimulation – Bioness® H200™ and L300™

*Braintree Rehabilitation Hospital only

BRAINTREE

REHABILITATION HOSPITAL

A FIVE★ QUALITY CARE HOSPITAL

250 Pond Street • Braintree, MA 02184

781-348-2500

www.braintreerehabhospital.com

NEW ENGLAND

REHABILITATION HOSPITAL

A FIVE★ QUALITY CARE HOSPITAL

2 Rehabilitation Way • Woburn, MA 01801

781-935-5050

www.newenglandrehab.com